

DIGITAL IDENTITY AND WELLBEING

This toolkit contains a range of resources carefully curated to help you to develop and project a positive digital identity, and to manage your wellbeing in digital settings.

DIGITAL FOOTPRINT

If I Googled you, what would I find? In this online course from the University of Edinburgh you will explore and reflect on your own online tracks and traces, to understand why your digital footprint is important. 6 hours.

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MAKING YOUR MARK ONLINE

Digital Literacy: Succeeding in a Digital World online course from the Open University. Week 3: Making your mark online looks at digital identity and digital footprint. 3 hours.

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MANAGING YOUR ONLINE REPUTATION

Lynda.com video discussing the use of social media such as LinkedIn and Facebook for personal branding. 4 minutes.

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INFORMATION SECURITY

Comprehensive webpages covering the University's information security policies and guidance; advice on how to protect your information; and details of online and face-to-face training for staff and students.

[VIEW RESOURCE](#)



LEARNING COMPUTER SECURITY

Learn how to safeguard your computer, keep your digital data secure, and protect your privacy online. 1hr 18min Lynda.com course.

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INTERNET SAFETY FOR STUDENTS

This Lynda.com course explores how students can protect themselves by understanding the nature of Internet-based threats and learning about the protection options and tools built in to most web browsers and mail systems. 55 minutes.

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INFORMATION SECURITY TOP 10

Infographic PDF from the University of Edinburgh's Information Security Division outlining their top 10 information security tips.

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INTRO TO DIGITAL WELLBEING

Online course from Google Digital Garage. Learn how to develop and maintain healthy tech habits. 1 hour.

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DIGITAL ETHICS

Online course that encourages you to consider ethical issues around technology. 10 minutes. Part of the Duke of York's Inspiring Digital Enterprise Award (iDEA). You will need to create a free account to access the course.

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TAKE CONTROL OF YOUR PHONE

Simple changes you can make to cut down your smart phone use, from the Center for Humane Technology. Includes recommendations for useful apps. 10min read.

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